



TEAMSTERS LOCAL 2750

Fatigue Committee Education

FATIGUE REPORTS MAKE A DIFFERENCE

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Writing an Effective Fatigue Report

Fatigue reports have had far-reaching impact across multiple departments. In order to reduce fatigue risk and ensure change is effective, we need crewmember input. Well written fatigue reports are crucial to the success of our company's fatigue program.

Frequently, the FRMC encounters fatigue reports that lack substance. Some examples may have one sentence reports or have distaste for the company. When writing a report, we recommend the following:

- Stick to the facts
- Be impartial
- Be professional
- Don't pass blame
- Elaborate as often as you can

Key Elements

There are key elements to every report. These are universal among any event.

- What happened. What were the chain of events that led to fatigue?
- Why it happened. What factors caused fatigue?
- Meaningful recommendations. What could have prevented the situation from occurring?

Fatigue reports have a strong correlation with time. Providing an accurate timeline is an invaluable resource to aid in the analysis of your report. This helps the FRMC identify what kind of fatigue event occurred and helps point to a root cause against which action can be taken.

Your Narrative

Your narrative is your story. Provide an accurate timeline of the event. AlertSafe has the option to add "cards". These are an incredibly powerful tool to affect your report. These directly impact the AlertSafe model which is generated by every event and report. This model gives our analysis an accurate picture of your event, but it is only as accurate as the information you choose to provide.

Recommendations

The recommendation section is a valuable tool, and your recommendations are taken seriously. Provide a serious recommendation. Treat this section like your threat identification in a briefing. Identify a mitigation that could be reasonably applied to off set your scenario. The AlertSafe Crewmember Fatigue Report Guide can be found by clicking [here](#) or in Comply365 in the 'Fatigue Risk Management' folder.